

KNOW-HOW OF THE "CALIDAD DE VIDA, BIENESTAR PSICOLÓGICO Y SALUD" RESEARCH GROUP



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RESUMEN

The "Calidad de vida, bienestar psicológico y salud" research group, based in the Department of Health Psychology at the University of Alicante, carries out applied research aimed at assessing and promoting quality of life, psychological well-being and health in different populations and contexts.

Its key areas of expertise include the design, adaptation and validation of assessment tools, including patient-reported outcome measures (PROMs), and the design and evaluation of interventions from a biopsychosocial and spiritual perspective.

Its work combines methodological rigour with the application of scientific knowledge in health, social care, educational and social contexts, through collaborations with national and international institutions and organisations.

VENTAJAS Y ASPECTOS INNOVADORES

ADVANTAGES

Collaborating with the research group offers the following advantages:

1. A well-established scientific track record spanning more than 20 years, underpinned by a substantial body of scientific work and experience in research training.
2. A multidisciplinary team comprising psychologists, nurses and specialists in research methodologies.
3. Proven ability to design and validate measurement tools tailored to specific contexts and populations.
4. Extensive network of collaborations with hospitals, universities and national and international research centres.
5. High-impact research output, with over 600 publications in specialist journals, 64 supervised doctoral theses and an extensive network of national and international collaborations.
6. Experience in the design and evaluation of intervention programmes that generate tangible and measurable benefits for people's health and wellbeing.
7. Direct access to the resources and infrastructure of the University of Alicante.

INNOVATIVE ASPECTS

The group's innovative nature is based on **applying research into quality of life, psychological wellbeing and health to the specific needs of organisations and services**, combining rigorous evaluation, adaptation to different populations and contexts, and the design of interventions from a biopsychosocial and spiritual perspective.

This capability enables the group to address, amongst other applications, the development, cross-cultural adaptation and validation of **patient-reported outcome measures (PROMs)** for clinical trials and projects undertaken by companies in the healthcare and pharmaceutical sectors, the **assessment of quality of life, experience and satisfaction of patients and service users** in hospitals and healthcare services, and the **design and evaluation of prevention and wellbeing promotion programmes aimed at professionals**, particularly in healthcare settings.

The group also incorporates **applied methodologies and technologies**, such as simulation, virtual reality and ecological monitoring, where these

are appropriate for assessment, intervention or training.

APLICACIONES DE LA OFERTA

The research group's expertise and services are particularly useful for a wide range of public and private organisations, including:

- **Hospitals, health centres and healthcare organisations:** assessment of outcomes and patient experience (PROMs and PREMs), quality of life, satisfaction and well-being, evaluation of programmes, interventions and quality of care.
 - **Public administrations and health bodies:** assessment of needs, quality of life, well-being and health outcomes, development of indicators, and evaluation of health promotion programmes and strategies.
 - **Social and healthcare sector, ageing and long-term care:** assessment of functioning, independence, participation, frailty, quality of life and well-being and, design and evaluation of interventions aimed at older people and those requiring support.
 - **Pharmaceutical and biotechnology industries and health sector companies:** development, cross-cultural adaptation and validation of PROMs and other Clinical Outcome Assessments (COAs), selection of measures and evaluation of patient-centred outcomes for research and clinical trials.
 - **Patient organisations and third-sector organisations:** assessment of needs and outcomes relevant to individuals, adaptation of instruments, and evaluation of the impact of programmes and interventions.
 - **Universities, educational institutions and training organisations:** assessment of the wellbeing and health of students and professionals, design and evaluation of interventions, and application of methodologies such as simulation for the development and assessment of skills.
 - **Assisted reproduction and reproductive health:** assessment of patient-centred outcomes, quality of life, psychological wellbeing and care experience, using specific instruments and measures, as well as the study of psychosocial factors and the evaluation of interventions throughout the reproductive process.
 - **Occupational health organisations and services:** assessment of professional wellbeing, stress and psychosocial factors, as well as the design and evaluation of programmes for the prevention of ill health and the promotion of healthy working environments.
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COLABORACIÓN BUSCADA

The research group is looking for public entities, private companies or research organisations to:

- Set up R&D&I projects with the aim of opening up new lines of research.
 - Produce technical or advisory reports.
 - Provide specific training or technical support in those areas requiring a high level of expertise.
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