

KNOW-HOW OF THE "CALIDAD DE VIDA, BIENESTAR PSICOLÓGICO Y SALUD" RESEARCH GROUP

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RESUMEN

The "Calidad de vida, bienestar psicológico y salud" research group, based in the Department of Health Psychology at the University of Alicante, carries out applied research aimed at assessing and promoting quality of life, psychological well-being and health in different populations and contexts.

Its key areas of expertise include the design, adaptation and validation of assessment tools, including patient-reported outcome measures (PROMs), and the design and evaluation of interventions from a biopsychosocial and spiritual perspective.

Its work combines methodological rigour with the application of scientific knowledge in health, social care, educational and social contexts, through collaborations with national and international institutions and organisations.

